

1 - GM Big Disability Survey 2022

Are you sick of filling in surveys and not seeing change? This survey is different, it is not just to gather research data. The Greater Manchester Disabled People's Panel is made up of 15 Disabled People's organisations, run by and for disabled people. We have a partnership agreement with GM Mayor Andy Burnham to influence policy to make Greater Manchester a better place to live for disabled people. This survey helps us do that, and the more disabled people fill it in, the stronger our voice for change becomes.

We are particularly looking at how disabled people are coping with the rising Cost of Living and our hopes for the future.

You don't have to answer every question. We have quite a lot of room to add comments and we love to hear what you have to say.

We have included demographic questions to better gather information of how different communities are experiencing the cost of living crisis. However this survey does remain anonymous. The evidence this survey provides will help us tell services in Greater Manchester how to improve. So please share it widely and encourage others to fill it in, and we'd be especially delighted if you can assist (safely over the phone) people without access to the internet to answer the survey.

Please Note: By Disabled People we mean anyone facing disabling societal barriers due to their impairments or conditions and this includes mental health, hearing or visual impairments, learning disability, neurodiverse people, and those with chronic illness or fatigue.

If you are filling the survey in on behalf of a disabled child or adult, please answer as them based upon their instructions/answers.

Our last survey in 2020 received a lot of support from the Mayor of Greater Manchester, Andy Burnham and the Combined Authority Research Team. We will be having the same support this time to understand and present the results which we will share with key stakeholders.

If you have any further questions please

Email: Panel@gmcdp.com or Text/Call: 07367 754 595

The Deadline for completion of this survey is noon on Tuesday August 2nd.

Online: gmbigdisabilitysurvey.com

1. Do you identify as a disabled person?

- Yes
- No
- Unsure

2. If you feel like disclosing (this survey is anonymous), what are your conditions/impairments/illnesses (you can tick multiple categories)?

- Physical (mobility, dexterity, coordination)
- Sensory impairment (hearing/ visually impaired/ deaf-blind/ dual sensory)
- Neurodiverse (Dyslexia, Autism)
- Learning disability
- Mental Health
- Visual Impairment
- Hearing Impairment
- Long term condition (eg Chronic fatigue or pain)
- Other (please specify)
- Prefer not to say

2 - Your Money

3. Does the money you get meet your needs for basic food and necessities? (mark out of ten, where ten is your money meets your needs)

Not at all 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. Fully Met

4. Can you afford important things, essential items? (This could be things like food, shampoo, bus fare)

- Sometimes I can't afford all essentials
- I can afford essentials but nothing else
- I can afford essentials and occasional luxuries
- I can afford luxuries (eg streaming and gaming services, holidays) as well as essentials

Please tell us more

5. Have you used a food bank or relied on other people to get food?

- Yes
- No

Please tell us more

6. Do you have enough money to buy the right food for you?

Yes

No

Please tell us more

7. Since 2020 have you changed the food you buy or what you eat because of money?

Yes

No

Please tell us more

8. Do you get any benefits? Please tick all the benefits you get:

Employment and Support Allowance – Work-related Activity Group

Employment and Support Allowance - Support Group

Universal Credit – Limited Capability for Work Group

Universal Credit – Limited Capability for Work-Related Activity Group

Personal Independence Payment Daily Living – Standard Rate

Personal Independence Payment Daily Living – Enhanced Rate

Personal Independence Payment Mobility – Standard Rate

Personal Independence Payment Mobility – Enhanced Rate

- Disability Living Allowance
- Attendance Allowance
- State Pension
- Pension Credit
- None of the above
- I have never tried to get benefits
- I have tried and been refused all
- I have tried and refused some
- I don't know

9. How easy to you find applying and receiving benefits? (Mark out of ten.
If you have been refused choose 'Impossible')

Very Easy 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. Impossible

10. Please tell us more about your experiences getting benefits

11. Can you afford to pay all your bills? for example electricity, gas,
telephone, council tax.

- Yes
- No

12. If not, what are you doing?

- Borrowing money
- Only paying urgent bills
- Missing rent payments
- Missing mortgage payments
- Eating less
- Using heat and light less

Other (please specify)

13. Do you think you spend more money on gas or electricity because you are disabled?

- Yes
- No

14. Do you get any help with your bills?

- Yes
- No
- Partially

Please tell us more and whether it is enough help

15. Are you concerned about next winter? For example, keeping warm or having enough to eat?

Not at all worried 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. Extremely worried

16. Do you owe money?

Yes

No

Please tell us more, eg how you manage your debt

17. Does the amount of money you have affect your quality of life and the choices you have to make?

18. Does lack of money stop you from using digital services?

Yes

No

Some but not as many as I would like.

19. If yes, what can you NOT afford

- Internet connection or Broadband
- device (computer, tablet or telephone)
- training on how to use digital or online services
- assistive technology e.g. screen-readers
- energy costs of charging devices

Please tell us more

20. Are you concerned about any of the following things (please tick as many as you want)

- Cost of living crisis
- Being able to save for the future
- Your quality of life
- Being able to own your own home
- Being able to have your own car
- Discrimination

21. What are your hopes for the future?

3. Social Care and Personal Assistance

22. Does anyone help you with daily living or going out?

- Yes
 No

23. Do you have to pay for this?

- Yes
 No

24. Have you had any problems paying for your care or a personal assistant?

- Yes
 No
 Not Applicable

25. Have you ever not had the care you need, because you cannot afford it?

- Yes
 No

26. Is the support you get better or worse than 2-3 years ago?

- Better
 Worse
 No Change

Please tell us more

27. Are you able to find and keep good Personal Assistants?

Yes

No

Not applicable

Please tell us more. How has this impacted on you?

28. What difference does having the right support make to your life?

29. Does the money you get meet your full needs (including your wellbeing)

Not at all

1. 2. 3. 4. 5. 6. 7. 8. 9. 10.

Fully Met

30. Does your social care meet your needs for having a social life (e.g. meeting friends)

Not at all

1. 2. 3. 4. 5. 6. 7. 8. 9. 10.

Fully Met

31. Do you want social care but have been refused?

Yes

No

Please tell us more

32. If you did have social care, how would your life be better?

33. Anything else you want to tell us about health and social care?

4. Where you live.

34. What part of Greater Manchester do you live in. (Please also tick the part of Greater Manchester you receive services from if this is different)

- Bolton
- Bury
- Manchester
- Oldham
- Rochdale
- Salford
- Stockport
- Tameside
- Trafford
- Wigan
- I don't live in Greater Manchester

35. Does your housing meet your needs (is it accessible? Does it have adaptations? Is it warm? Is it dry? Is it in the right place?)

- Yes
- No
- Partially

Please tell us more

36. Have you been asked by a social worker or someone else to consider a group living environment or shared accommodation?

Yes

No

Please tell us more

37. Are you worried that you may not be able to live on your own because the right support is not available?

Yes

No

Sometimes

Please tell us more

38. Are you worried about your housing situation?

A lot

A moderate amount

A little

Not at all

39. Do you have enough money to live where you live now?

Yes

No

Please tell us more

40. Can you go to all the places you want to in your town e.g. shops and libraries, train stations, café's, community centres ?

Yes

No

Some of them

If not, why not`?

41. Are you worried about hate crime, harassment, name-calling etc? (if you need to report hate crime call 101 or go to gmp.police.uk)

Yes I have experienced hate crime

Yes I am worried

No

Anything else you would like to tell us about hate crime

42. Do you feel safe and included in your neighbourhood? (if you need to report hate crime call 101 or go to gmp.police.uk)

Yes

No

Partially

Please tell us more

43. Can you travel everywhere you would like?

Yes

Yes with difficulty

Not at all

44. Tell us what you find difficult or things that stop you travelling: (tick as many as you want)

Covid

Costs

Accessibility (e.g. level access, timetabling, sensory issues, reliability, flexibility)

Lack of joined up journeys

Anything else?

5. Lifestyle

People often forget that disabled people also want to have happy lives. This section has questions about your lifestyle and the things you enjoy.

45. What do you do to enjoy yourself? Tick as many as you want

- Going to cafés and bars
- Going to restaurants
- Watching TV
- Going to concerts and the theatre
- Going to the cinema
- Watching sporting events
- Playing sport
- Going on holiday
- Enjoying the countryside and green spaces
- Meeting Friends
- Other (please specify)

46. Have your choices been limited by anything in the list below since 2020? tick as many as you want

- Cost of activity
- Access issues
- Risk or fear of getting covid
- Anything else?

6. Your Mental Health

47. What affects your mental health (for good or bad) the most?

48. Which of these would help your mental health?

- Feeling connected to your Community
- Having enough money to live on
- Having your supports needs met
- Having access to physical health services
- Having access to mental health services
- Having access to transport
- Having good friends

Anything else?

49. Has anything stopped you from getting support with your mental health?

- Yes
- No

Please tell us more

7. Health Service

50. Are your physical healthcare needs being met?

- Yes
- No
- Partially

51. Have your impairments/conditions got worse because of having to wait for treatment?

Not at all 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. A great deal

52. Is your GP accessible to you?

- Yes
- No
- Partially

53. Are clinics and hospitals accessible to you?

- Yes
- No
- Partially

54. Are you able to access your eye appointments?

- Yes
- No
- Partially

55. Are you able to access your foot appointments?

- Yes
- No
- Partially

56. Are you able to access your hearing appointments?

- Yes
- No
- Partially

57. Are you able to access wheelchair services?

- Yes
- No
- Partially
- Not applicable

58. Are you able to access physiotherapy?

- Yes
- No
- Partially
- Not applicable

59. Are you able to access your dentist?

- Yes
- No
- Partially

60. Is there anything else you want to tell us about health services? For example ambulance services, ringing 111, sexual health services or attending A&E

61. Can you afford all the things you need to keep yourself well? (eg Prescription costs, heating, bus fare, food, social & leisure, lateral flow tests / covid test)

Yes

No

Please tell us more

62. As government covid rules have gone, does it affect what you do?
Negatively 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. Positively

63. What if any Covid precautions are you taking?

I am still shielding

I always use a mask, social distance, wash hands

I sometimes use a mask, social distance, wash hands

I prefer ventilated rooms

I check if indoor air is filtered

- I limit close contact with strangers
- I mostly returned to normal without precautions
- I have completely returned to normal with no precautions
- Other (please specify)

64. If you have had Covid, how well are you now?

- Fully recovered
- Still getting better
- Still poorly
- I have Long Covid

65. If you have to go to hospital, do you think being disabled will affect your treatment? For example, because you are stopped from bringing someone with you?

- Yes
- No

Please tell us more

66. Do you know how to get covid anti virals? (these are given to some people when they get covid to stop them getting very sick)

- Yes I know how to get them
 - No but I don't think I need them
 - I don't know if I need them
 - I have tried to get them but been unable to
- Please tell us more

8.Problem Solving

67. Because you are disabled, how many hours a month do you have to spend solving problems or removing access barriers? (e.g. Recruiting a personal assistant, claiming benefits, understanding a timetable etc)

- Less than one hour
- Between one and five hours
- Between five and ten hours
- Between ten and fifteen hours
- Between fifteen and twenty hours
- More than twenty hours

68. Who has helped you, if you needed help?

- Council
- GM Law Centre
- Citizen Advice Bureau
- Disabled People's Organisation

- People First Organisation
- Family
- Friend
- Another disabled person
- Charity

69. Why did you go to them?

70. Did you have any good experiences when trying to get help?

- Yes
- No

Please tell us more

71. Did you have any bad experiences or difficulties when trying to get help? E.g. there was no accessible service, wait times too long,

- Yes
- No

Please tell us more

72. Do you ever feel stuck with your problem and have no one to help you?

- Yes
- No
- Sometimes

Please tell us more

73. Do you think attitudes to disabled people are better or worse than before Covid?

- they are better
- they are the same
- they are worse

Please tell us more

74. Is the government doing enough to help disabled people?

- They are doing everything they can
- They are doing some good things
- They are not doing anything significant
- They are neglecting disabled people
- They are harming disabled people
- I don't know

75. Is your Local Authority/Council doing enough to help disabled people?

- They are doing everything they can
- They are doing some good things
- They are not doing anything significant
- They are neglecting disabled people
- They are harming disabled people
- I don't know

76. Have you got a photo ID (like a passport or driving license)?

- Yes
- No
- I don't know

77. If your answer is no, please tell us why?

- I cannot afford it
- It takes too long to sort
- There are access barriers
- I don't need it
- It is too difficult to find and pay for a signee
- My citizenship status is a barrier.

Anything else you want to say?

9. Education and Employment

78. Are you in education?

- School
- College
- University
- No

79. If you attend mainstream education, do you feel welcome?

- Yes
- No

If 'No' please tell us why

80. Is the increase in cost of living affecting you going to school, college or University?

- Yes
- No

Please tell us more

81. If you rely on public sector transport to get to college, has this changed since 2020?

- Yes, I can no longer get to school/college
- Yes, I have less access to school/college
- Yes, I now spend much long on transport
- No change

Please tell us more

82. Is there anything else you want to tell us about education?

83. If you worked from home during the Pandemic, did working from home increase the accessibility of work?

Not at all 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. A lot

84. Do you feel you get the same career opportunities and pay as a non-disabled person?

- Yes
- No

Please tell us more

85. Do you feel safe going to work due to impact of covid or because of the impact on someone you live with?

- Yes for myself
- Yes for someone I live with
- No for myself
- No for someone I live with
- I'm not in employment

86. Are you paid enough to cover all your living expenses?

- Yes
- No
- I'm not in employment

87. Do you feel discriminated in the workplace?

- Yes
- No

Please tell us more

88. Have you left a job because of disabled barrier's, since 2002?

- Yes
- No
- I'm not in employment

89. Please tell us more about your experience of being a disabled person at work

10. About You

90. How old are you?

- Under 13
- 13-17
- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65-74
- 75 and over Prefer not to say

91. How would you describe your gender?

- A man (including Trans Man)
- A woman (including Trans Woman)
- Non-binary
- In another way
- Prefer not to say

92. What is your ethnic group?

- Asian or Asian British - Indian
- Asian or Asian British - Pakistani
- Asian or Asian British - Bangladeshi
- Asian or Asian British - Chinese
- Asian or Asian British - Kashmiri
- Asian or Asian British - Any other Asian background
- Black or Black British - Caribbean
- Black or Black British - African

- Black or Black British - Any other Black background
- Mixed - White and Black Caribbean
- Mixed - White and Black African
- Mixed - White and Asian
- Mixed - Any other mixed background
- White - English/Welsh/Scottish/Northern Irish/British
- White - Irish
- White - Gypsy or Irish Traveller
- White - Eastern European
- White - Any other White background
- Other ethnic group - Arab
- Other ethnic group - Other
- Prefer not to say

93. What is your religion?

- Buddhist
- Christian
- Hindu
- Jewish
- Muslim
- Sikh
- Other religion
- No religion
- Prefer not to say

94. Which of the following best describes how you think of yourself?

- Bisexual
- Gay man
- Gay woman or lesbian
- Heterosexual
- Other sexual orientation, please specify

- Prefer not to say

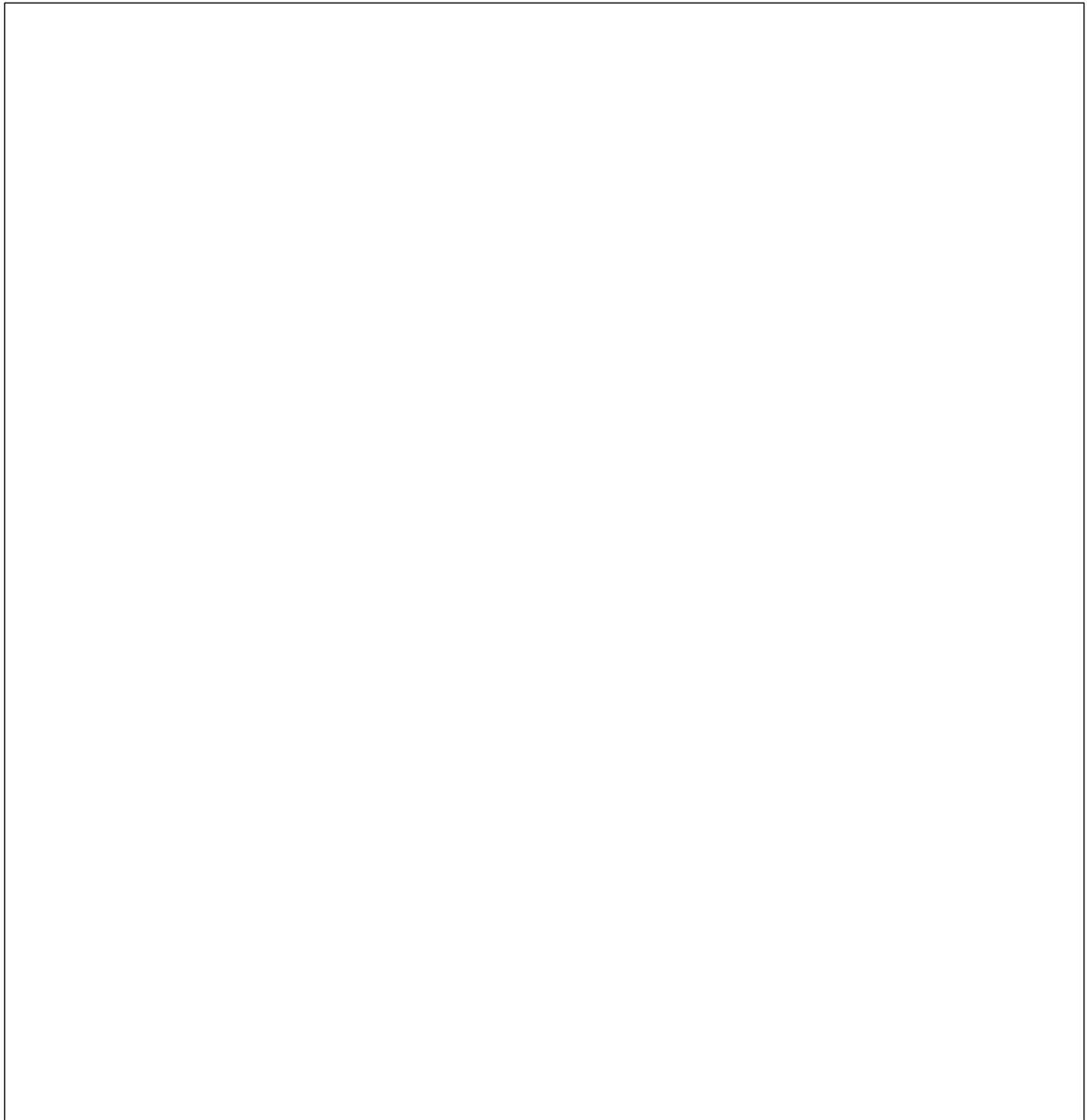
95. Was any part of the survey confusing or need explaining more?

- All of it was hard to understand
- Most of it was hard to understand
- Some of it was hard to understand
- A few parts were hard to understand
- None of it was hard to understand

96. Did you have assistance to fill in this survey?

- I filled it in myself without assistance
- I had a little technical assistance
- I had a little general assistance
- I had a fair amount of technical assistance
- I had a fair amount of general assistance
- I had a lot of technical assistance
- I had a lot of general assistance

97. Is there anything else you want to tell us about your life as a disabled person in Greater Manchester?

A large, empty rectangular box with a thin black border, intended for the respondent to write their answer to question 97.

Thank you for completing our survey. Your answers will help us make change happen!